

# Hinduism- Beliefs and practices

## We will be exploring and investigating:

- Hinduism as a religion which has many gods and goddesses.
- That Hindus are taught about one 'supreme' God who is in everything. His name is *Vishnu*.
- That a Hindu place of worship is called a **Mandir** and what you would find inside one.
- That Hindus believe in a circle of life called '**reincarnation**'- karma, samsara, moksha.
- How Hindus use a **Puja** tray as part of their worship.
- Why Hindu's have shrines in their homes where they worship.
- That there are smaller Hindu statues which are called **murtis**.
- Why Hindus celebrate **Diwali** and the story linked to it.
- How to create a colourful **Rangoli** pattern and how they are used as part of Hindu celebrations.

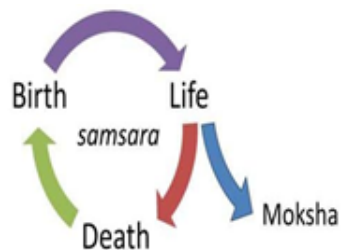
## Word bank

Hindu    worship    Mandir    festival

reincarnation    Karma    Moksha    Samsara

cycle    belief    life    born    death

puja    kum-kum powder    incense    shrine



**Murti**- a small Hindu god or goddess statue.

**Kum-kum powder**-a special red powder used by Hindus during worship.

**Karma**-the way you speak and act will decide you future.

**Moksha**-to be set free from the circle of reincarnation.

**Samsara**-a repeated cycle of birth, life and death.

**Reincarnation**-a belief that we are born, live our lives, die and are then born again.

**Puja**- a special tray with objects on used when Hindus pray.

