

Bridgewater Primary School Menu September 2022 – July 2023
Week One

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheese Omelette(v)	Minced Beef Pie	Fish Fingers	Roast Turkey Sage & Onion Stuffing	Cheese & Tomato Pizza
Hash Browns	Creamed Potatoes	Seasoned Wedges	Creamed Potatoes	Chips
Baked Beans * * * *	Turnip * * * *	Crunchy Coleslaw * * * *	Carrots * * * *	Garden Peas * * * *
	Quorn Mince Pie (v)	Vegetable Fingers (v)	Quorn Fillet (vg) Sage & Onion Stuffing	
	Creamed Potatoes	Seasoned Wedges	Creamed Potatoes	
* * * *	Turnip * * * *	Wholewheat Hoops * * * *	Carrots * * * *	* * * *
Egg & Cress Baguette * * * *	Cheese Savoury Sandwich * * * *	Ham Wrap * * * *	Tuna Sandwich * * * *	
Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato
Choice of Cheese or Baked Beans (v) with Salad	Choice of Cheese, Baked Beans (v) or Tuna with Salad	Choice of Cheese, Baked Beans (v) or Tuna with Salad	Choice of Cheese, Baked Beans (v) or Tuna with Salad	Choice of Cheese, Baked Beans (v) or Tuna with Salad
DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
Frozen Yoghurt	Fresh Fruit or Yoghurt	Lemon Drizzle Cake & Custard	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt

Also available every day:	Choice of:	Choice of drinks:	
	<ul style="list-style-type: none"> • Salad bar • Fresh fruit selection • Yoghurt • Cheese and biscuits 	<ul style="list-style-type: none"> • Fruit juice • Reduced fat milk • Chilled water 	<ul style="list-style-type: none"> • Selection of fresh bread and rolls

Menus are subject to availability
 (V) suitable for Vegetarians or (VG) Vegan diets

Bridgewater Primary School Menu September 2022 – July 2023
Week Two

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Quorn Dippers(vg)		Beef Burger	Pork Sausages with Gravy	Cheese & Tomato Pizza
Potato Wedges		Diced Potatoes	Oven Roast Potatoes	Chips
Spaghetti Hoops		Baked Beans	Mashed Turnip	Garden Peas
****	****	****	****	****
	Battered Fish	Quorn Burger in Bun (v)	Quorn Sausages (vg)	
	Diced Potatoes			
	Garden Peas	Diced Potatoes	Oven Roast Potatoes	
****	****	Baked Beans	Mashed Turnip	****
Cheese Baguette	Turkey Sandwich	Tuna Wrap	Ham Sandwich	
****	****	****	****	****
Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato
Choice of Cheese or Baked Beans (v) with Salad	Choice of Cheese, Baked Beans (v) or Tuna with Salad	Choice of Cheese, Baked Beans (v) or Tuna with Salad	Choice of Cheese, Baked Beans (v) or Tuna with Salad	Choice of Cheese, Baked Beans (v) or Tuna with Salad
DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
Frozen Yoghurt	Fresh Fruit or Yoghurt	Sticky Orange Sponge & Custard	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt

Also available every day:	Choice of:	Choice of drinks:	
	<ul style="list-style-type: none"> • Salad bar • Fresh fruit selection • Yoghurt • Cheese and biscuits 	<ul style="list-style-type: none"> • Fruit juice • Reduced fat milk • Chilled water 	<ul style="list-style-type: none"> • Selection of fresh bread and rolls

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Week Three

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Turkey & Vegetable Pie	Southern Style Chicken	Pizza Margherita
		Creamed Potatoes	Seasoned Wedges	Chips
****	****	Broccoli	Baked Beans	Garden Peas
Cheese Roll	Fish Goujons	****	****	****
		Quorn Mince Pie(v)	Southern Style Quorn Fillet	
Oven Roast Potatoes	Diced Potatoes	Creamed Potatoes	Seasoned Wedges	
Wholewheat Hoops	Sweetcorn	Broccoli	Baked Beans	
****	****	****	****	****
Egg Mayo Sandwich	Tuna Wrap	Cheese Savoury Sandwich	Ham & Tomato Baguette	
****	****	****	****	****
Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato
Choice of Cheese or Baked Beans (v) with Salad	Choice of Cheese, Baked Beans (v) or Tuna with Salad	Choice of Cheese, Baked Beans (v) or Tuna with Salad	Choice of Cheese, Baked Beans (v) or Tuna with Salad	Choice of Cheese, Baked Beans (v) or Tuna with Salad
DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
Ice Cream	Fresh Fruit or Yoghurt	Flapjack & Custard	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt

Also available every day:	Choice of:	Choice of drinks:	
	<ul style="list-style-type: none"> • Salad bar • Fresh fruit selection • Yoghurt • Cheese and biscuits 	<ul style="list-style-type: none"> • Fruit juice • Reduced fat milk • Chilled water 	<ul style="list-style-type: none"> • Selection of fresh bread and rolls

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