Spring 1 - Year 2 - R.E. - Judaism, Torah and Shabbat

The Torah

Judaism is a religion that Jewish people follow. Their holy book is called the Torah. The Torah is written in Hebrew. The word Torah means teachings in Hebrew. The Torah teaches Jewish people how God wants them to live.



A Torah scroll is written by hand. Hebrew is written and read from right to left.



The Torah scrolls are never touched out of respect and readers use a special pointer called a yad.

Synagogue

The Torah is read in the Jewish place of worship which is called a Synagogue.



Shabbat

The Shabbat is a holy day for Jewish people. Shabbat is Hebrew for Sabbath. It is a special day when Jewish people think about God and the importance of family. It begins at sunset on Friday night and ends at sunset on Saturday night. The Shabbat is a day of rest so all cooking and cleaning must be done before sunset on Friday.