

RELATIONSHIPS - friendships

How do friendships change as we grow?

Friendships – even the closest friendships – might start to change, as you get older. This can be for various reasons: when someone moves away; when another person comes into the group; if there is an argument.

There are many positive ways to manage changing and developing friendships.

Why and how do friendships change and develop? Children cope better when they can recognise the benefits of, and challenges to, making new friends.

KEY VOCABULARY

relationship	friendship
couple	love
values	qualities
positive	expectations
respect	marriage
partnership	responsibilities

- ♥ People have different kinds of relationships in their lives, including romantic or intimate relationships.
- ♥ People, who are attracted to and love each other, can be of any gender, ethnicity or faith; the way couples care for one another can differ greatly depending on the relationship.
- ♥ Various qualities enable relationships to flourish.
- ♥ There are many ways people can express love and show that they care deeply for another person.
- ♥ Some ways may be very personal and private between the couple whereas others may be more public.
- ♥ There are expectations and responsibilities in relationships.
- ♥ Relationships may change or end and there are many different strategies that can help people manage this.