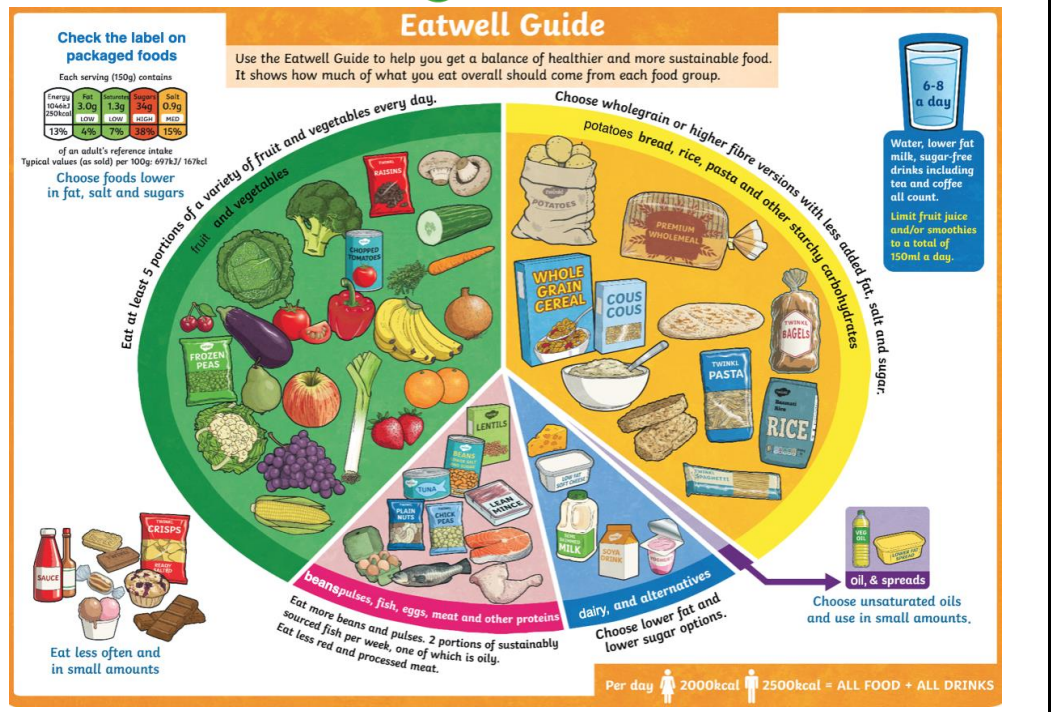


Vocabulary
Poverty means not having enough money for basic needs such as food, water, shelter, or toilets.
Hunger is the feeling of wanting to eat. People can survive weeks without eating, but they will start to feel hungry after they have not eaten for a few hours. Hunger is generally considered quite uncomfortable.
Malnutrition is the condition of weakness and poor health that results from not eating enough food or from eating food without the proper nutrients.
Zero Hunger means bringing the number of people who suffer from hunger and malnutrition to ZERO.
Agriculture is another word for farming. It includes both growing and harvesting crops and raising animals, or livestock. Agriculture provides the food and many raw materials that humans need to survive.
A crop is a plant or plant product that is grown and harvested
Seasonal is the time of year a food is available to eat. This is usually when it is harvested.
Locally sourced is food that is grown or produced near to where you live. This helps protect the environment by using less fuel during transportation, it supports the local economy and allows your family to eat fresher food.
Sustainability is making sure resources last a long time or even forever. This includes: energy, food, water and natural resources.
Environmental Responsibility is about making the right choices to help protect our planet and it's natural resources. You can do this by recycling, picking up litter, reducing the amount of things you use, buying locally sourced foods and planting trees.
A Food bank provides food for people and families that are struggling to feed themselves.

Important Information

- In the UK, more than 14 million people are living in poverty – including 4.5 million children.
- Almost half the children in Newcastle upon Tyne are living in poverty.
- The Trussell Trust provides emergency food and support to people locked in poverty.
- The Trussell Trust also fights for change to end the need for food banks in the UK.
- The Newcastle West End Food Bank, and a project called Pathways Out of Hunger, helps people out of poverty.



How far does our food travel?

