

# Bridgewater Primary School Lunch Menu



27 February 2017  
20 March 2017  
24 April 2017  
15 May 2017  
12 June 2017  
3 July 2017

week one

Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti Napoli	Hot Quorn Fillet or Chicken Fillet with Salad in Sesame Seed Bun	Turkey Casserole* with Cobbler	Roast Beef* with Yorkshire Pudding	Cheese and Tomato Pizza
Breaded Chicken Bites or Vegetable Nuggets with Ketchup	Carrot and Spring Onion Quiche	Cheese Roll	Fish Fingers with Tomato Ketchup	Garden Peas
Sweetcorn • Green Beans	Broccoli • Coleslaw	Carrot Batons • Baked Beans	Mixed Vegetables • Beetroot	Chips
Seasoned Wedges	Potato Croquettes	Country Diced Potatoes	Baby Roast Potatoes	Assorted Yoghurts
Cheese filled Jacket Potato	Tuna Mayo Sandwich	Baked Bean filled Jacket Potato	Ham and Cheese Crusty Baguette	Fresh Fruit
Frozen Yoghurt	Fruity Flapjack • Custard	Shortbread Finger	Sticky Orange Sponge • Custard	

**\*Also available as meat or meat free option.**  
Salad bar, selection of fresh bread and rolls available daily. Alternative Desserts: Fresh fruit, low fat yoghurt and cheese and biscuits.  
Choice of Drinks: Fruit juice drink, reduced fat milk, flavoured milk, chilled drinking water.

6 March 2017  
27 March 2017  
1 May 2017  
22 May 2017  
19 June 2017  
10 July 2017

week two

Monday	Tuesday	Wednesday	Thursday	Friday
Garlic Chicken or Garlic Quorn Fillet	Oven Baked Pork Sausages* Homemade Tuna Pattie*	Savoury Minced Beef* with Yorkshire Pudding	Chinese Style Chicken or Vegetarian Curry	Pizza Margherita
Cheese Omelette	Mixed Vegetables	Vinegar Infused Fish Goujons	Pork Tenderloin*	Beetroot
Coleslaw • Baked Beans	Spaghetti Hoops in Tomato Sauce	Spring Cabbage • Sweetcorn	Broccoli • Cauliflower	Minted Garden Peas
New Potatoes • Hash Browns	Creamed Potatoes	Baby Roast Potatoes	Parsley Potatoes • Egg Noodles	Chips
Tuna and Cucumber Sandwich	Seasoned Potato Wedges	Turkey Salad Sandwich	Baked Beans filled Jacket	Jelly and Fruit Salad
Arctic Roll	Chicken and Sweetcorn filled Jacket Potato	Strawberry Mousse	Pear and Chocolate Sponge Custard	

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Choice of Drinks: Fruit juice drink, reduced fat milk, flavoured milk, chilled drinking water.

13 March 2017  
3 April 2017  
8 May 2017  
5 June 2017  
26 June 2017  
17 July 2017

week three

Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti Bolognese	Beef Burger* in Bun	Turkey Pie*	Roast Chicken* with Yorkshire Pudding	Pizza
Salmon Fish Fingers with Parsley Mayo	Chicken Korma*	BBQ Meatball Sub*	Tuna or Cheese Tortilla Wedge	Sweetcorn
Garden Peas • Coleslaw	Baked Beans • Green Beans	Carrots • Sweetcorn	Broccoli • Beetroot	Baby Roast Potatoes
Country Diced Potatoes	Chips • Steamed Rice	Mashed Potatoes	New Potatoes	Assorted Yoghurts
Baked Beans filled Jacket Potato	Chicken Mayo in Crusty Baguette	Seasoned Wedges	Savoury Vegetable Rice	Fresh Fruit
Raspberry Ripple Mousse	Chocolate Brownie Chocolate Sauce	Tuna Crunch filled Jacket Potato	Egg and Cress Sandwich	
		Oat Biscuit	Lemon Drizzle Cake Custard	

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Keep yourself topped up with water - it will help you concentrate all day long!

February 2017 - July 2017

