

# Bridgewater Primary Menu

February 2017 – July 2017

Menu Week One	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Choice One</b>	Spaghetti Napoli	Hot Quorn Fillet or Chicken Fillet with Salad in Sesame Seed Bun	Turkey Casserole* with Cobbler	Roast Beef *with Yorkshire Pudding	Cheese and Tomato Pizza
<b>Choice Two</b>	Breaded Chicken Bites or Vegetable Nuggets with Ketchup	Carrot and Spring Onion Quiche	Cheese Roll	Fish Fingers with Tomato Ketchup	
<b>Seasonal Vegetables</b>	Sweetcorn  Green Beans	Broccoli  Coleslaw	Carrot Batons  Baked Beans	Mixed Vegetables  Beetroot	Garden Peas  Chips
<b>Accompaniments</b>	Seasoned Wedges	Potato Croquettes	Country Diced Potatoes	Baby Roast Potatoes	

**\*Also available as a meat or meat free option\***

**Salad bar, selection of fresh bread and rolls available daily**

## Sandwiches

		Tuna Mayo Sandwich		Ham and Cheese Crusty Baguette	
<b>Filled Jacket Potato</b>	Cheese filled Jacket Potato		Baked Bean filled Jacket Potato		
<b>Dessert</b>	Frozen Yoghurt	Fruity Flapjack	Shortbread Finger	Sticky Orange Sponge	Assorted Yoghurts
		Custard		Custard	Fresh Fruit

## Alternative Desserts

**Fresh fruit, low fat yoghurt and cheese and biscuits**

## Choice of Drinks

**Fruit juice drink, reduced fat milk, flavoured, milk chilled drinking water**

**Nursery – Year 2 Meal Option**

# Bridgewater Primary Menu

February 2017 – July 2017

Menu Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Choice One</b>	Garlic Chicken or Garlic Quorn Fillet	Oven Baked Pork Sausages *	Savoury Minced Beef * with Yorkshire Pudding	Chinese Style Chicken or Vegetarian Curry	Pizza Margherita
<b>Choice Two</b>	Cheese Omelette	Homemade Tuna Pattie*	Vinegar Infused Fish Goujons	Pork Tenderloin *	
<b>Seasonal Vegetables</b>	Coleslaw	Mixed Vegetables	Spring Cabbage	Broccoli	Beetroot
	Baked Beans	Spaghetti Hoops in Tomato Sauce	Sweetcorn	Cauliflower	Minted Garden Peas
<b>Accompaniments</b>	New Potatoes	Creamed Potatoes Seasoned Potato Wedges	Baby Roast Potatoes	Parsley Potatoes	Chips
	Hash Browns			Egg Noodles	
*Also available as a meat or meat free option*					
<b>Salad bar, selection of fresh bread and rolls available daily</b>					
<b>Sandwiches</b>	Tuna and Cucumber Sandwich		Turkey Salad Sandwich		
<b>Filled Jacket Potato</b>		Chicken and Sweetcorn filled Jacket Potato		Baked Beans filled Jacket	
<b>Dessert</b>	Arctic Roll	Spiced Apple Muffin	Strawberry Mousse	Pear and Chocolate Sponge Custard	Jelly and Fruit Salad
<b>Alternative Desserts</b>	Fresh fruit, low fat yoghurt and cheese and biscuits				
<b>Choice of Drink</b>	Fruit juice drink, reduced fat milk, flavoured milk, chilled drinking water				

**Nursery – Year 2 Meal Option**

# Bridgewater Primary Menu

February 2017 – July 2017

Menu Week Three	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Choice One</b>	Spaghetti Bolognese	Beef Burger in Bun *	Turkey Pie*	Roast Chicken* with Yorkshire Pudding	Pizza
<b>Choice Two</b>	Salmon Fish Fingers with Parsley Mayo	Chicken Korma*	BBQ Meatball Sub *	Tuna or Cheese Tortilla Wedge	
<b>Seasonal Vegetables</b>	Garden Peas Coleslaw	Baked Beans Green Beans	Carrots Sweetcorn	Broccoli Beetroot	Sweetcorn
<b>Accompaniments</b>	Country Diced Potatoes	Chips Steamed Rice	Mashed Potatoes Seasoned Wedges	New Potatoes Savoury Vegetable Rice	Baby Roast Potatoes
<b>*Also available as a meat or meat free option*</b> <b>Salad bar, selection of fresh bread and rolls available daily</b>					
<b>Sandwich</b>		Chicken Mayo in Crusty Baguette		Egg and Cress Sandwich	
<b>Filled Jacket Potato</b>	Baked Beans filled Jacket Potato		Tuna Crunch filled Jacket Potato		
<b>Dessert</b>	Raspberry Ripple Mousse	Chocolate Brownie Chocolate Sauce	Oat Biscuit	Lemon Drizzle Cake Custard	Assorted Yoghurts Fresh Fruit
<b>Alternative Desserts</b>	Fresh fruit, low fat yoghurt and cheese and biscuits				
<b>Choice of Drink</b>	Fruit juice drink, reduced fat milk, flavoured milk, chilled drinking water				

**Nursery – Year 2 Meal Option**